BEFORE MY TRIP

- I choose tour operators who represent responsible tourism
- I offset my CO₂ emissions
- I learn about my destination: cultures, haggling and tipping, etc. I try to learn a few words of the local language
- Before leaving, I ensure that all my household appliances are disconnected (not on standby mode)
- I favour sustainable means of transport to go to the airport

DURING MY TRIP

- I prefer local guides as they know the area better than anyone else
- I respect human rights and denounce the exploitation of children
- I pick up and sort my rubbish and I am water and energy efficient
- I do not throw cigarette ends on the ground, in the sand, or in the water
- I limit my use of disposable plastic bags
- I try out the local cuisine
- I favour locally made products to take home as my souvenirs
- I do not buy products made from endangered plants or animals
- When diving or snorkelling, I am careful not to damage the seabed with my fins and not to touch the marine species
- I do not degrade works of art or archaeological and natural sites
- I always ask permission before photographing someone
- When walking or hiking, I follow the marked trails, I keep a respectful distance from wild animals and I do not feed them
- I avoid shows involving wild animals

AFTER MY TRIP

- I favour sustainable means of transport to get home from the airport
- I encourage people in my social circle to emulate these actions
- I respect my commitments with people I met during my trip, such as sending photos
- I can support initiatives in the regions I visited
HONOR YOUR HOSTS AND OUR COMMON HERITAGE

- Learn a few words in the local language and experience local culture
- Respect human rights and protect children from exploitation
- Always ask before taking photographs of other people
- Don’t withdraw souvenirs from natural and archeological sites

PROTECT OUR PLANET

- Compensate CO₂ emissions from your trip by contributing to climate solidarity projects
- Limit your water and energy consumption and sort your waste
- Respect wild animals and their natural habitats
- In protected areas only visit where authorized
- Only purchase sustainable products, that aren’t made using endangered plants or animals

SUPPORT THE LOCAL ECONOMY

- Buy locally made handicrafts and products at a fair price
- Counterfeit products are forbidden by national or international regulations
- Hire local guides with in-depth knowledge of the area

BE AN INFORMED TRAVELER

- Research well before doing voluntourism
- Choose travel agencies that integrate environmental and social aspects in their offer
- Support community projects instead of giving money to begging children