RESPONSIBLE TOURISM IN THE MOUNTAINS

- I wash my equipment to avoid spreading invasive species
- I follow the marked trails so as not to damage the flora and disturb the fauna
- I respect the signs and leave the fence gates as I found them
- I take pictures of protected wild plants rather than picking them
- I keep a respectful distance from wild animals and I do not feed them
- I keep my dog on a leash during the birth period
- I do not throw my cigarette ends in the nature thanks to my pocket ashtray
- I use biodegradable toilet paper and bury my waste, if possible far away from water points
- If I wash in a watercourse, I favour designated areas and use biodegradable products
- I only make a fire in the places indicated and take care to extinguish it before leaving
- On picnics, I favour reusable packaging and utensils
- I pick up my rubbish and any rubbish that I find